

March 26- April 1st

Sunday Brunch

Appetizers

Tossed Green Salad

Entrées

(served with your choice of two sides)

Eggs Benedict

Cinnamon Pear Pancakes with Whip Cream

Roast Turkey with Gravy & Stuffing

Contains: Gluten & Dairy

♥ Fish du Jour

Spring Risotto Cakes

Contains: Dairy & Parmesan

Desserts

Chef's Choice

Monday Selections

Appetizers

Mixed Greens with Beets & Pecans

Black Bean Soup

Contains: Garlic

Garnish Contains: Dairy

Entrées

Roasted Sirloin with Horseradish Cream Sauce

Contains: Dairy

Shelburne Farms Chicken

Contains: Dairy & Gluten

♥ **Zucchini Pancakes with Tomato Corn Relish**

Contains: Dairy, Gluten & Parmesan

Vegetable & Starch du Jour

Asparagus with Lemon Butter

Wild Rice Pilaf

♥ *Heart Healthy Item*

(lower in fat or calories - not free from these items)

Tuesday Selections

Appetizers

Mixed Greens with Red Peppers, Cucumbers & Crumbled Goat Cheese

Chicken Noodle Soup

Contains: Garlic & Gluten

Entrées

Pork Tenderloin with Pears & Shallots

Veal Saltimbocca with Mozzarella, Sage & Marsala

Contains: Dairy, Gluten & Low Salt

♥ **Roasted Portabella Mushrooms with Tabbouleh**

Contains: Gluten

Vegetable & Starch du Jour

Swiss Chard

Roasted Yukon Gold Potatoes

♥ *Heart Healthy Item*

(lower in fat or calories - not free from these items)

Wednesday Selections

Appetizers

Iceberg Lettuce with Oranges & Cashews

Cream of Broccoli Soup

Contains: Dairy

Vegetarian

Entrées

Bacon, Cheddar & Spinach Quiche

Contains: Gluten & Dairy, Low Salt

Grilled Chicken with Chili Rub & BBQ Sauce

Contains: Garlic

♥ **Grilled Vegetable Stack with Fresh Mozzarella Topped with
Balsamic Reduction**

Contains: Dairy

Vegetable & Starch du Jour

Vegetable Medley

Sour Cream Whipped Potatoes

♥ *Heart Healthy Item*

(lower in fat or calories - not free from these items)

Thursday Selections

Appetizers

BLT Salad

Italian Wedding Soup

Contains: Garlic & Gluten

Entrées

Meatballs with Marinara Sauce

Contains: Garlic, Gluten, Dairy & Parmesan, Low Salt

♥ **Vermont Cheddar polenta Cake Topped with Roast Tomato
& Corn Salsa**

Chicken Milanese

Contains: Dairy, Gluten & Parmesan

Vegetable & Starch du Jour

Oven Roasted Eggplant & Tomatoes

Spaghetti

♥ *Heart Healthy Item*

(lower in fat or calories - not free from these items)

Friday Selections

Appetizers

Gorgonzola Dip with Vegetable Crudité

Carrot Ginger Soup

Entrées

♥ **Fish Du Jour**

Pan Crisped Tofu with Greens & Peanut Dressing

Contains: Garlic & Nuts

Corned Beef & Cabbage

Contains: Low Salt

Vegetable & Starch du Jour

Oven Roasted Carrots with Honey Butter

Steamed Red Potatoes

♥ *Heart Healthy Item*

(lower in fat or calories - not free from these items)

Saturday Selections

Appetizers

Mixed Greens with Pistachios & Cranberries

Mulligatawny Soup

Entrées

House Smoked Salmon Sautéed with Penne

Contains: Gluten & Dairy, Low Salt

♥ **Mushroom Thyme Risotto Cakes**

Contains: Dairy, Gluten & Parmesan

Dijon Mustard Pork Medallions

Vegetable & Starch du Jour

Cauliflower Gratin

Mustard Potatoes

♥ *Heart Healthy Item*

(lower in fat or calories - not free from these items)