

Sunday Brunch

Appetizers

Tossed Green Salad

Soup du Jour

Entrées

(served with your choice of two sides)

Eggs Benedict

Cinnamon Raisin French Toast

Beef Provençale

Contains: Garlic

Crab Stuffed Mushrooms

Contains: Gluten, Dairy & Parmesan

♥ **Butternut Squash Risotto Cakes with White Beans & Sage**

Contains: Parmesan & Dairy

Desserts

Chef's Choice

Monday Selections

Appetizers

Mixed Greens with Turkey, Cheddar & Red Onion

Corn Chowder

Contains: Dairy

Entrées

Chicken Liver with Savory Gravy

Contains: Gluten & Dairy

Grilled Boneless Pork Chops with Pear Ginger Chutney

♥ **Harvest Vegetable Quiche**

Contains: Gluten & Dairy

Vegetable & Starch du Jour

Sliced Carrots with Dill Butter

Wild Rice Pilaf

♥ *Heart Healthy Item*

(lower in fat or calories - not free from these items)

Tuesday Selections

Appetizers

**Mixed Greens with Roasted Beets, Candied Walnuts &
Vermont Chevre**

Cream of Cauliflower

Contains: Dairy & Garlic

Entrées

Roast Sirloin with Red Wine Demi

Fish du Jour

♥ **Apple Brie Turnover**

Contains: Gluten & Dairy

Vegetable & Starch du Jour

Roasted Root Vegetables

Mashed Sweet Potatoes

♥ *Heart Healthy Item*

(lower in fat or calories - not free from these items)

Wednesday Selections

Appetizers

Warm Crab Dip

Chicken Curry Soup

Contains: Garlic

Entrées

Shelburne Farms Chicken

Contains: Dairy & Gluten

Braised Beef Brisket

Contains: Garlic

Eggplant Parmesan

Contains: Gluten, Garlic, Dairy, Parmesan & Low Salt

Vegetable & Starch du Jour

Warm Cabbage Slaw

Boiled Potatoes

♥ *Heart Healthy Item*

(lower in fat or calories - not free from these items)

Thursday Selections

Appetizers

Spinach Salad with Marinated Mushrooms

Creamy Onion & Fennel Soup

Contains: Garlic & Dairy

Vegetarian

Entrées

Vermont Pork Loin with Cider Reduction

♥ **Tandoori Chicken**

Contains: Garlic & Dairy

Sweet Potato & Kale Frittata

Contains: Dairy

Vegetable & Starch du Jour

Honey Roasted Winter Squash

Israeli Cous Cous with Roasted Vegetables

♥ *Heart Healthy Item*

(lower in fat or calories - not free from these items)

Friday Selections

Appetizers

Waldorf Salad

Kansas City Steakhouse Soup

Contains: Garlic

Entrées

Fennel & Cumin Roasted Turkey Breast with Thyme Gravy

Contains: Gluten & Dairy

Fish Du Jour

Butternut Squash Gratin with Goat Cheese & Pecans

Contains: Dairy & Nuts

Vegetable & Starch du Jour

Peas

Brown Rice Pilaf with Toasted Almonds

♥ *Heart Healthy Item*

(lower in fat or calories - not free from these items)

Saturday Selections

Appetizers

Mixed Greens with Ham & Swiss

Mushroom Barley Soup

Contains: Gluten & Garlic

Entrées

Laplatte Grilled Flank Steak with Roasted Tomato Chutney

Farmer Brown House Smoked Ham

♥ **Tofu Satay with Peanut Sauce & Lo Mein Noodles**

Contains: Gluten, Garlic & Nuts

Vegetable & Starch du Jour

Seasonal Vegetables

Potato Dauphinoise

♥ *Heart Healthy Item*

(lower in fat or calories - not free from these items)