

October 14th - October 20th Fall Wk. 4

Sunday Brunch

Entrées

(served with your choice of two sides)

Eggs Benedict

Banana Foster Waffles

Herb Crusted Pork Roast with Gravy

Contains: Gluten & Dairy

♥ **Fish Du Jour**

Kale, Ricotta & Saffron Cakes

Contains: Gluten, Dairy & Parmesan

Desserts

Chef's Choice

Monday Selections

Appetizers

French Onion Soup

Garnish Contains: Dairy & Gluten

Entrées

Roast Sirloin with Montreal Seasoning

Chicken, Brie & Apple Crêpes

Contains: Dairy & Gluten

♥ Black Bean & Mushroom Chili with Vermont Cheddar

Contains: Dairy

Vegetable & Starch du Jour

Glazed Beets

Twice Baked Potato

Tuesday Selections

Appetizers

Butternut Soup with Coconut & Miso

Vegetarian

Entrées

Swedish Meatballs

Contains: Dairy & Gluten

♥ **Turkey Cutlet with Parsnips, Apples & Mushrooms**

Contains: Gluten

Cheddar & Broccoli Quiche

Contains: Dairy & Gluten

Vegetable & Starch du Jour

Butternut Squash

Wild Rice & Cranberries

Wednesday Selections

Appetizers

Borscht (Beet Soup)

Garnish Contains: Dairy
Vegetarian

Entrées

♥ Fish Du Jour

Lamb Stew with Apricots, Ginger & Cinnamon

Fall Harvest Frittata

Contains: Dairy

Vegetable & Starch du Jour

Vegetable Mix

Mashed Red Potatoes

Thursday Selections

Appetizers

Turkey Rice Soup

Contain: Garlic

Entrées

Lemon Braised Chicken with Beer, Paprika & Cumin

Contains: Gluten

Smoked Beef Brisket

♥ Tofu Vegetarian Stir Fry

Contains: Garlic

Vegetable & Starch du Jour

Green Beans with Toasted Almonds

Basmati Rice

Friday Selections

Appetizers

Split Pea Soup

Entrées

Vermont Beef Lasagna

Contains: Dairy, Garlic, Gluten, Low Salt & Parmesan

Fish du Jour

♥ **Hearty Chickpea & Tomato Stew with Garlic Bread**

Contains: Garlic & Gluten

Vegetable & Starch du Jour

Corn

Oven Fries

Saturday Selections

Appetizers

Velvet Corn Soup

Contains: Dairy

Entrées

♥ Cornmeal Crusted Chicken Breast with Apple Maple Chutney

Baked Penne with Wild Mushroom & Herb Cream Sauce

Contains: Gluten, Garlic & Dairy

Pork Saltimbocca

Contains: Dairy & Gluten

Vegetable & Starch du Jour

Honey Glazed Carrots

Herbed Farro