

Happenings - week of October 5th, 2025

Sunday, October 5, 2025

- 11:00 AM: Weekly Ping Pong! *(MR)*
- 12:45 PM: Bus to Opera Co. of Middlebury: A Bernstein Festival
- 1:30 PM: Opera: Grounded (Tesori)

Monday, October 6, 2025

- 8:30 AM: Advanced Strength and Conditioning *(MR)*
- 9:00 AM: Oil/Mixed Media Group *(AR)*
- 10:30 AM: Wake Robin Chorus *(MR)*
- 1:15 PM: Come and Strum music group *(Maple 2 Lounge)*
- 2:00 PM: Navigating Wake Robin *(BTN1)*
- 2:30 PM: Card Making *(HRNB1)*
- 4:00 PM: Cows and Bulls *(BTN2)*
- 4:00 PM: INQUIRE: Groove Therapy *(MR)*
- 7:00 PM: Game Night! *(HRNB1)*

Tuesday, October 7, 2025

- 7:45 AM: Early Morning Stretch *(MR)*
- 9:00 AM: Strength and Conditioning *(MR)*
- 10:00 AM: Aquatics - Resident-run (Heidi B.) *(AC)*
- 10:00 AM: Drawing *(Art Studio)*
- 10:15 AM: Shop Shuttle: Hannaford/Market 32/Shaw's/City Market
- 11:00 AM: INQUIRE: Flip the Script *(Butternut Lounges)*
- 1:00 PM: Bridge - open to all *(Cedar Sunroom in Linden)*
- 1:30 PM: English Country Dance *(FC)*
- 3:00 PM: Memoirs *(SLR)*
- 7:30 PM: Armando Vilaseca - On Cuba *(MR)*

Wednesday, October 8, 2025

- 8:15 AM: Vinyasa Yoga *(FC)*
- 9:00 AM: Dynamic Balance Class *(MR)*
- 10:00 AM: Aquatics - resident-run (Heidi B.) *(AC)*
- 10:30 AM: Handbell Choir *(MR)*
- 10:30 AM: Lunch Out & Fall Foliage Ride
- 11:00 AM: Movement for PD and Creative Wellness *(FC)*
- 3:00 PM: Tai Chi *(FC)*



Happenings - week of October 5th, 2025

Thursday, October 9, 2025

- 7:45 AM: Early Morning Stretch (FC)
- 9:30 AM: CUP of Conversation (MR) **and livestreamed*
- 10:45 AM: WRRRA Social Committee Meeting (BTN1)
- 11:00 AM: Jazzercise (FC)
- 11:00 AM: Shop Shuttle: Shelburne Shopping Plaza
- 1:30 PM: INQUIRE: The Flower Bar (MR)
- 2:30 PM: Fiber Arts (Buckthorn 702-G)
- 3:00 PM: Catholic Service (SLR)

Friday, October 10, 2025

- 9:00 AM: Strength and Conditioning (MR)
- 9:00 AM: Woodshop Open Hours (WS)
- 9:15 AM: Coffee Connections! (Cafe)
- 10:00 AM: Aquatics - Resident-run (Heidi B.) (AC)
- 10:15 AM: Beginner Yoga (MR)
- 12:30 PM: INQUIRE: Bus to Cold Hollow Sculpture Park
(This trip is full.)

Saturday, October 11, 2025

- 9:00 AM: Ladies Open Billiards (Butternut)
- 7:00 PM: Saturday Night Movie - Cider House Rules (919)
- 7:00 PM: Saturday Night Movie - The Sting (MR)

Room Key

(AC) = Aquatic Center	(AR) = Art Room	(BD) = Back Deck
(BLR) = Balsam Living Room	(B) = Birches	(BTN1) = Butternut 1 Lounge
(BTN2) = Butternut 2 Lounge	(BTN3) = Butternut 3 Lounge	(919) = Channel 919
(CCL) = Community Center Lobby	(L) = Community Center Lounge	(CR) = Conference Room
(FC) = Fitness Center	(FP) = Front Porch	(HRNB1) = Hornbeam 1 Lounge
(HRNB2) = Hornbeam 2 Lounge	(HRNB3) = Hornbeam 3 Lounge	(MLDR) = Maple Leaf Dining Room
(ML) = Maple Lobby	(MR) = Meeting Room	(Z) = on Zoom
(PC) = Pickleball Court	(SDD) = Spruce Dining Deck	(SLR) = Spruce Living Room
(TC) = Tennis Courts	(WS) = Woodshop	

