# Happenings - week of April 20th, 2025

## **Sunday, April 20, 2025**

11:00 AM: Ping Pong & Cornhole! (MR)

1:00 PM: Recording: Ziggy and Miles (Middleton Concert) 1 PM &

2:40 PM (919)

# **Monday, April 21, 2025**

8:30 AM: Advanced Strength and Conditioning (MR)

9:00 AM: Oil/Mixed Media Group (AR)

10:00 AM: Quaker Service (The Birches)

1:15 PM: CANCELED: Come and Strum music group

1:30 PM: Film: A Life on Our Planet (MR)

2:30 PM: Card Making (HRNB1) 4:00 PM: Cows and Bulls (BTN2)

# Tuesday, April 22, 2025

7:45 AM: Early Morning Stretch (MR)

9:00 AM: Strength and Conditioning (MR)

10:00 AM: Aquatics - Resident-run (Heidi B.) (AC)

10:00 AM: Drawing (Art Studio)

10:15 AM: Shop Shuttle: Hannaford/Market 32/Shaw's/City Market

1:00 PM: Bridge - open to all (Cedar Sunroom in Linden)

1:30 PM: English Country Dance (FC)

3:00 PM: Memoirs (SLR)

7:30 PM: Hank Kaestner: A Trip to Easter Island and the Lake District

of Chile (MR)

#### Wednesday, April 23, 2025

8:15 AM: CANCELED: Vinyasa Yoga (MR)

9:00 AM: Dynamic Balance Class (limited space) (FC)

10:00 AM: Aquatics - resident-run (Heidi Brouillette) (AC)

10:15 AM: Handbells (MR)

11:00 AM: Movement for PD and Creative Wellness (FC)

1:00 PM: Silver Class (AR)

3:00 PM: Tai Chi (FC)



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#### Thursday, April 24, 2025

7:45 AM: Early Morning Stretch (FC)

9:30 AM: CUP of Conversation (MR) \*and livestreamed

11:00 AM: CANCELED: Jazzercise (FC)

11:00 AM: Shop Shuttle: Shelburne Shopping Plaza

1:00 PM: Film Club: Poetry (Korean with English subtitles) (MR)

2:30 PM: Fiber Arts (Buckthorn 702-G)

## Friday, April 25, 2025

9:00 AM: Strength and Conditioning (MR)9:00 AM: Woodshop Open Hours (WS)

9:15 AM: Coffee Connections! (Cafe)

10:00 AM: Aquatics - Resident-run (Heidi B.) (AC)

10:15 AM: CANCELED: Beginner Yoga (MR)

1:00 PM: Film: Kiss the Ground (limited space, sign up in Internal

Events Book) (BTN1)

# Saturday, April 26, 2025

9:00 AM: Ladies Open Billiards (Butternut)

6:30 PM: Bus to Burlington Choral Society concert 7:00 PM: Saturday Night Movie - Going in Style (MR)

7:00 PM: Saturday Night Movie - News of the World (919)

#### Room Key

(AC) = Aquatic Center (AR) = Art Room (BD) = Back Deck

(BLR) = Balsam Living Room (B) = Birches (BTN1) = Butternut 1 Lounge

(BTN2) = Butternut 2 Lounge (BTN3) = Butternut 3 Lounge (919) = Channel 919

(CCL) = Community Center Lobby (L) = Community Center Lounge (CR) = Conference Room

(FC) = Fitness Center (FP) = Front Porch (HRNB1) = Hornbeam 1 Lounge

(HRNB2) = Hornbeam 2 Lounge (HRNB3) = Hornbeam 3 Lounge (MLDR) = Maple Leaf Dining Room

(ML) = Maple Lobby (MR) = Meeting Room (Z) = on Zoom

(PC) = Pickleball Court (SDD) = Spruce Dining Deck (SLR) = Spruce Living Room

(TC) = Tennis Courts (WS) = Woodshop



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