

October 12-18

Sunday Brunch

Entree

(served with your choice of two sides)

Croque Madame (Dairy, Gluten)

Waffle with Maple Apple Compote (Gluten, Dairy. Gluten free available)

Steak & Eggs with Bearnaise Sauce (Dairy)

Seared Cod (Garlic Free)

Potato Pancakes with Mushrooms, Spinach and Poached Egg with Hollandaise Sauce (Dairy)

Brunch Sides

Broccoli, Bacon, Sausage, Ham, Fresh Fruit & Home Fries

Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness.

Monday Selections

Appetizers

Mixed Greens with Pears, Cheddar & Toasted Walnuts (Dairy, Nuts. Dairy & Nut free available)

Carrot & Coriander Soup (Contains Garlic, Vegetarian)

Entrées

Fish Du Jour

Lemon Braised Chicken

♥ Black Bean & Mushroom Chili (Contains Garlic)

Vegetable & Starch du Jour

Glazed Beets

Wild Rice with Cranberries

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Tuesday Selections

Appetizers

Spinach Salad with Beets, Apples, Goat Cheese, Red Onions & Maple Bacon Vinaigrette (Dairy. Dairy free available)

Jambalaya Soup (Garlic)

Entrées

Swedish Meatballs with Gravy (Dairy, Garlic)

Roast Turkey with Apples, Mushrooms and Parsnips

Stuffed Shells with Lemon Mushroom Alfredo (Dairy, Gluten, Garlic)

Vegetable & Starch du Jour

Roast Winter Squash

Herb Roasted Potatoes

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Wednesday Selections

Appetizers

**Wheat Berry Salad with Cranberries, Oranges, Spinach, and
Toasted Pecans (Gluten, Nuts. Nut Free Available)**

Borscht (Beet) Soup (Vegetarian, Garlic)

Entrées

♥ Fish du Jour

Lamb Stew (Garlic)

**Baked Potato with Broccoli, Mushroom, Roasted Onion & Pesto
Sour Cream (Dairy, Dairy Free Available)**

Vegetable & Starch du Jour

Vegetable Medley

Basmati Rice

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Thursday Selections

Appetizers

Grilled Chicken and Green Leaf Salad with Cucumbers, Red Onions, Parmesan and Romesco Vinaigrette (Contains Dairy, Garlic in Vinaigrette)

Turkey Rice Soup (Garlic Free)

Entrées

Vermont Ham with Orange Cranberry Chutney (Garlic Free)

Beef Brisket (Garlic Free)

Cheddar and Roasted Onion Quiche (Contains Dairy and Gluten)

Vegetable & Starch du Jour

Green Beans

Roasted Garlic Mashed Potatoes (Garlic, Dairy)

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Friday Selections

Appetizers

Romaine with Mackerel, Cucumbers, Radish, Tomatoes & Creamy Horseradish Dressing (Dairy. Dairy free available)

Split Pea Soup with Ham (Garlic Free)

Entrées

Vermont Beef Lasagna (Contains Gluten & Dairy. Garlic Free)

Fish du Jour

♥ Hearty Chickpea & Tomato Stew (Garlic, Gluten & Dairy. Gluten free available)

Vegetable & Starch du Jour

Brussel Sprouts

Couscous (Gluten)

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Saturday Selections

Appetizers

**Pear Salad with Romaine, Red Peppers, Pumpkin Seeds &
Cherry Vinaigrette**

Chicken, Spinach & Artichoke Soup (Garlic)

Entrées

**♥ Cornmeal Crusted Chicken Breast with Apple Maple
Chutney (Garlic Free)**

Grilled Pork Chop with Maple Ginger Glaze (Garlic Free)

**Baked Penne with Wild Mushroom & Herb Cream Sauce
(Gluten, Dairy. Gluten free available. Garlic Free)**

Vegetable & Starch du Jour

Honey Glazed Carrots

Herbed Farro (Gluten)

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